

Behavioral Health Data Portal

In 2012, as part of a multi-year effort to build the structures and best practices needed to create a Behavioral Health System of Care, the Behavioral Health Data Portal (BHDP) team, under Lt. Col. Mill Brown's leadership, was organized by the Army Medical Command's Behavioral Health Division to build a user-friendly, web-based Behavioral Health (BH) data application named the Behavioral Health Data Portal. The main intent of the BHDP is to standardize BH clinical data collection during the initial patient intake and at every follow-up appointment – the 1st system of its kind in the Department of Defense.

BHDP consists of a web-based patient portal where patients logon to the BHDP application on a computer in their BH clinic waiting room prior to each appointment. Once logged in, they answer standard, research-validated questions about items related to their presenting symptoms and their prior/current BH care. Patient responses are immediately scored and are simultaneously transmitted to a BHDP Provider Portal on BH providers' office laptops.

Providers securely access their portal from their office to review data just prior to seeing the patient. Since the patient's answers are scored and color-coded based on risk, clinicians can easily identify clinically relevant domains of significant change, or areas of significant concern to augment their therapeutic exchanges with their patients, and is used to guide treatment planning and risk assessment in a standardized, high quality fashion. BHDP also generates a provider notes template populated for editing that can be quickly pasted into the patient's Electronic Medical Record by the patient's provider.